



The Golden Thimble's Blue Book Recipes

<http://www.thegoldenthimble.com>

## Becky's Homemade Ice Cream

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2 envelopes Knox unflavored gelatin  
1/2 cup cold water  
4 cups whole milk (do not use any other milk like skim or 2%)  
2 cups granulated sugar  
2 teaspoons vanilla extract  
1/2 teaspoon salt  
3 cups heavy cream

Soak Knox gelatin in cold water.

Heat milk, but do not boil.

Remove from heat, and add gelatin, sugar, vanilla extract and salt.

Cool and add cream.

Chill 5 to 6 hours.

Pour into a 4 to 6-quart ice cream freezer can.

Process as per your ice cream maker instructions.